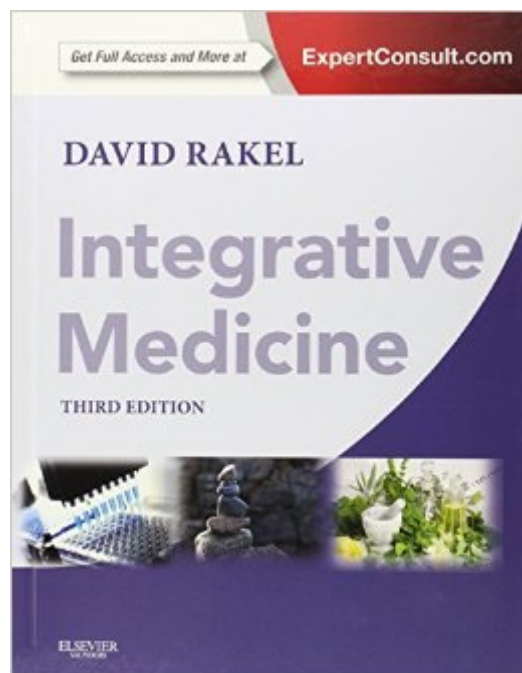The book was found

Integrative Medicine: Expert Consult Premium Edition – Enhanced Online Features And Print, 3e (Rakel, Integrative Medicine)

Synopsis

Integrative Medicine, by Dr. David Rakel, provides the practical, evidence-based guidance you need to safely and effectively integrate complementary and alternative medical treatments into your practice. This medical reference book lays the framework for making the best use of these therapeutic modalities and understanding the mechanisms by which these interventions work, keeping you at the forefront of the trend toward integrative health care.Incorporate therapeutic integrative medicine modalities into clinical practice through the "Tools for Your Practice" section that offers how-to application for recommending mediation, prescribing probiotics, and how to do an elimination diet. Apply integrative treatments for a full range of diseases and conditions including autism, stroke, chronic fatigue syndrome, and various forms of cancer...see how to advise patients on health maintenance and wellness...and get valuable advice on topics such as meditation, diet, and exercises for back pain. Avoid potential complications with recommended dosages and precautions. Enhance patient care with therapy-based guidance and printable patient education guides. Implement proven integrative treatments for various diseases thanks to an evidence-based therapeutic approach. Weigh the likely effectiveness of various treatments vs. their potential harm with helpful icons based on the SORT (Strength of Recommendation Taxonomy) method. Validate potential interventions through the latest research in genomics and advanced imaging technologies, such as MRI. Access the full text, image bank, downloadable Patient Education Guides, and video collections online at www.expertconsult.com. Rakel provides evidence-based guidance to apply integrative medicine in clinical care.

Book Information

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DO NOT BUY FROM KINDLE! I did not understand that the Kindle version does not give you the same functionality that buying the ebook from Elsevier does. You do not have access to the online expertconsult which contains much of the great clinical usefulness of this book. It is a very good Integrative Medicine review. I say that as someone who has been practicing and teaching Integrative Medicine since 1998. Lots of good links and references but you can't access them through the Kindle version. I contacted support and the author about this, and both recommended the Elsevier version.--JP

I'm using this book in my Therapeutic Nutrition course, and I love the book. I bought the kindle version - and it makes it so easy to do a search for a condition or medication and quickly get the information that's pertinent to me as a nutritionist. It covers many conditions, focuses on the management of inflammation, and offers potential treatment summaries for all the issues it presents. I will continue to use this book in my practice. The section titles are Introduction, Principles of Functional Medicine, The Building Blocks, Fundamental Physiological Processes, Fundamental Clinical Imbalances, A Practical Clinical Approach, and Putting it All Together. I highly recommend it. It is easy to ready and helps my learning process tremendously

Considering the price of this book, it is rather lacking into treatment options, and the depth of detail of the condition referenced is decidedly limited. Comparatively, Pizzorno's Textbook of Natural Medicine is far superior, albeit a tad more expensive. Ultimately, its not practical to use this book in a clinic setting.

Best reference source on evidence based integrative therapies I have found! Does quite a thorough job offering holistic treatment options and uses the well designed vanderbilt ranking system to score them. Saves me a great deal of time not having to do this work myself which gives me more time to teach patients about health and healing, and also inspiration to research and contemplate those conditions that effective treatment options are less established. Thank you David, the co-authors, and the Weil group for putting together this book! Your karma is being burned off toward true grace as we speak! Please keep these books comprehensive and up to date and work on adding more

conditions like interstitial cystitis, bipolar disease... and my perfect blessings in establishing equally as good specialty books and upon you all!! In God's heart, peace, and speed,*R

I used this for a Medical Therapeutic Nutrition Grad course. I usually sell my books but this one is a keeper!

Outstanding reference book. Should be an important addition to everyone's library. It is critical to understand medicine has changed to a blend of traditional and alternative methods. INTERGRATIVE MEDICINE is the book to go to understand the balance between each method.

This book is excellent. I use it as a resource for developing integrative medicine treatment plans for patients.

Wonderful text for, hopefully, future doctors and all students of health. Terrific information for the layperson who may be looking for alternatives to medicine and surgery to heal themselves. Well worth the money!

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